

## Mental Health Ambassador Network

Consult Australia launched its Mental Health Ambassador Network in June 2019. The network, made up of 22 leaders and managers from member firms, has been established to help drive a cultural change in the broader industry on its approach to mental health. The ambassadors are collectively focused on:

- Challenging the notion that mental health is a closed topic
- Tackling mental health stigmas
- Providing insights on personal experiences
- Promoting what businesses and industry can do to create mentally healthy workplaces

Consult Australia's mental health ambassadors include:

**Gerry Doyle**  
Chief Executive  
Tonkin

**Ryan Jones**  
Financial Controller  
Rider Levett Bucknall

**Ian Banister**  
Strategic Capability Leader  
Arup

**Trudy-Ann King**  
Business Leader - Buildings Design  
Arcadis

**Sarah Board**  
Market Leader - Water (NSW/ACT)  
SMEC

**Tim Andersen**  
Business Leader HSE  
GHD

**Mal Brown**  
Sydney Civil Manager  
Northrop

**Emine Mehmet**  
Wellbeing Strategist  
Integral Group

**Peter Brown**  
Principal, Regional Leader (Vic/SA)  
Golder

**Cathy Moore**  
HR and Business Systems Coordinator  
Lindsay Dynan

**Stuart Cook**  
Principal Engineer  
BG&E

**Tanya Norton**  
Rail Signalling Manager  
Arcadis

**Mark Fairweather (Chair)**  
Managing Director  
HDR

**Brad Searle**  
Business Leader - Environment and Waste  
Arcadis

**David Field**  
Director and Principal Engineer  
Northrop

**Amy Singh**  
HR Manager  
Douglas Partners

**Julie Gratton**

Health and Safety Manager (ANZ)  
Aurecon

**Trudy Wallington**

Manager, Geotechnics  
SMEC

**Keren Gifford**

Business Partner (Culture/Engagement)  
Cardno

**Kathryn Nolan**

APAC Marketing and Communication  
Leader  
Cardno

**James Kral**

Principal  
Integral Group

**Peter Zmuda**

Safety, Health and Environment Director  
AECOM

Please contact James Robertson (Policy Advisor) at [james@consultaaustralia.com.au](mailto:james@consultaaustralia.com.au) if you would like to hear more on how Consult Australia's ambassador network can assist your business and workplace.