CONSULT AUSTRALIA MENTAL HEALTH



Advocacy Highlights

2021

Thanks to the contributions of the participants of the Mental Health Working Group and Mental Health Ambassador Network, the Consult Australia team has achieved the following advocacy highlights in 2021.

New business guides and client briefings developed

- · Workplace wellbeing support plans
- · Mental health survey tools
- Domestic and family abuse (refresh)
- Mental health conversations in the workplace
- · Mental Health First Aid Programs
- Mental Health Ambassador Video Interview Series

✓ Submissions developed

- Submission to the <u>Select Committee on Mental Health and Suicide Prevention Inquiry into Mental Health and Suicide Prevention</u>.
- <u>Submission</u> to the National Mental Health Commission Blueprint for Mentally Healthy Workplaces.

Engagement with government departments, agencies, and clients

• 2021 Christmas Tender Campaign – a joint call with the Australian Constructors Association, Engineers Australia, Roads Australia, and the Australasian Railway Association to over 100 agencies requesting hold on procurement activity between 17 December 2021 and 5 January 2022.

✓ Advocacy

 Provided feedback to Australian Chamber of Commerce and Industry on key factors driving mental health concerns in our industry to inform their development of the small business mental health report and the Safe Work Australia draft model code of practice: managing psychosocial hazards at work.

▼ Recognition

Featured in the National Mental Health Commission's <u>Series on industry initiatives supporting</u>
<u>mentally healthy workplaces</u> as one of only 13 case studies demonstrating how industry is leading on
mentally healthy workplaces and successfully driving positive change.

✓ Increasing mental health awareness

• 62% of our member businesses reported in our Industry Health Check that mental health and wellbeing is the most significant challenge faced over the past 12 months. While this statistic is alarming, it highlights the increased recognition in the importance of mental health.